

The Tungland News

Holiday Issue 2011

Tungland Tucson Opens New Office

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Special Touch Auto Offers Pickup-Dropoff Oil Change Service

Need an oil change for your car but don't have time to drive it to the shop? Special Touch Auto Shop will help by picking up your auto at the Tungland Main Office and returning it after a special oil change with a 27-point inspection and a free car wash—all for \$29.99 plus tax.

The special includes a 27-point inspection to help you determine that your car is operating efficiently. After the oil change, Special Touch Auto will wash your vehicle at no extra cost.

To make an appointment for an oil change special call the Auto Shop at 602-257-4600. Please give the Auto Shop staff at least one day's notice for your appointment.



Supporting ALL people to be part of their community

They Could Have Danced All Night ...

Do these lovely ladies from El Paso group home look like they're ready for an evening of dancing and fun out on the town?

Does one suspect that the ladies had so much fun at the dance that they went out on the town again as soon as it could be arranged?

Hmm....



Above: (l-r) Colleen, staff Yvonne, Trisha, and Sara getting ready to cut a rug.



Left: Colleen, staff Monica, Sara, and Trisha.

We have a sneaky feeling that they coordinated the colors.



From left: Hassam Hammed, Marie Bhappu, Mike McCormick, Denise Limberg, Misha Zamora, Lisa Ontiveroz and Charlie Bley at the new Tucson Regional office.

After almost twenty years in the same location in Tucson, The Tungland Corporation has moved its regional offices to a brand new location.

Tungland Tucson Region Director Charles Bley and his staff were on hand to welcome support coordinators, providers, guardians, (and a few loyal Sun Devils fans) at an open house.

The new office suite is located at 1605 North Wilmot Road in Tucson.

Director Bley reports that the new office location is working out very successfully for staff and all individuals who need Tungland's quality services in the Tucson area.



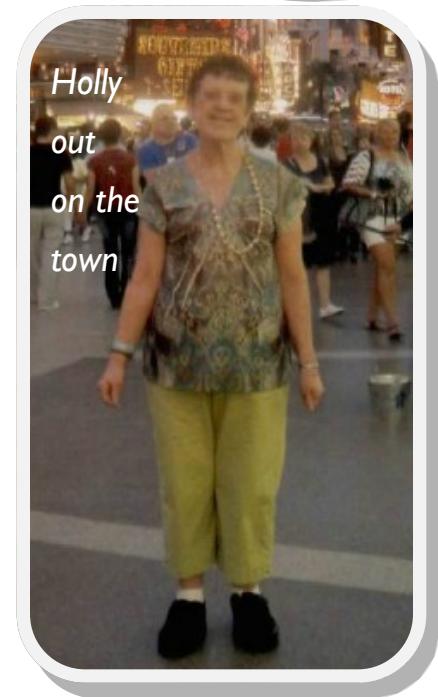
Alta Vista Ladies Say 'Las Vegas, Here We Are!'



As everyone knows by now, the ladies of Alta Vista love to travel. Berene, Shirley, Holly, and Eileen decided it was time they saw the bright lights of 'The Strip' and mingled with the stars in Las Vegas. So, with Manager Josephine Watkins and a couple of stalwart staff, they took off for the Entertainment Capital of the World. They are sharing their photos with us, for which we thank them and also Manager Josephine. No one knows where they'll be off to next, but you can be sure that they're reading travel magazines at home!



*With their
staff and
Group Home
Manager Jo-
sephine
(third from
right) the la-
dies enjoyed
dinner on the
town.*

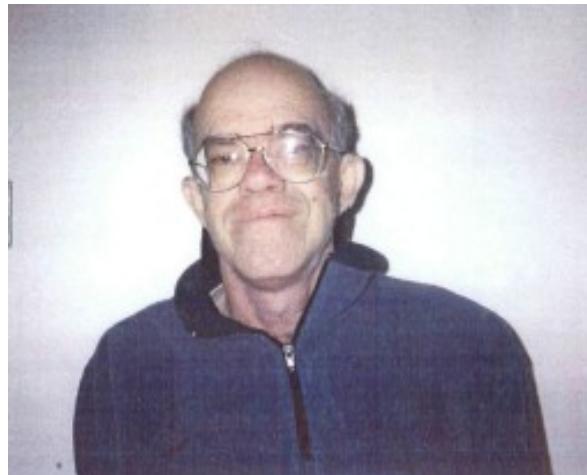


Remembering Gerald Major 1950–2011

Family, staff, clients, and his providers are remembering with fondness Gerald Mager, 61, a former resident of Tungland's Sunnyside group home who died on November 28, 2011 at Mercy Gilbert Hospital.

Over two years ago Gerald moved into a new adult developmental home setting with the Seitz family. According to Kendra Seitz the family remembers Gerald as "passionate, caring, loving, very funny and giving man". Gerald often said how much he enjoyed living with the family and enjoyed the company of his providers, their children, and the cat and dog.

In March 2003, Gerald moved into Sunnyside group home where he got along well with his housemates and their staff. Gerald also treasured the regular visits from his sister and two brothers,



and family played a great part in Gerald's life especially after the deaths of his parents.

Known for his kindhearted, calm, easy-going, and approachable demeanor, Gerald never let his difficulty expressing himself interfere with the joy he received from talking with others. Gerald was known as a good conversationalist, especially to those who showed him a little bit of patience and some genuine interest. Those who did became the beneficiaries of Gerald's love of good conversation.

Working on model cars, bowling, movies—his favorite flick was "The Tooth Fairy"—arts and crafts, listening to music, and yard sales were among Gerald's favorite activities. He attended the Gilbert ARC day program during the week.

Gerald leaves behind many people who were touched by his kindness and generous spirit.

Holidays Can Be a Time for Grief

For many people the seasonal holidays are not times for mirth and joy, but a time that brings back memories of those special people—family members, friends, and all those who were special to us—who have passed away.

Often it is very difficult to get through the holiday season because at a time when we think we should be feeling joyful we feel sadness because our special people are no longer with us.

If such feelings become overwhelming remember that help is available. Magellan clients may call the Crisis Hotline at 1-800-631-1314. Tungland has a Professional Counseling office headed by Clinician Dr. Sally Davey, who can be available to talk over your feelings. Support coordinators, friends, relatives, clergy, and others can be a source of support. Reach out for help if you feel overwhelmed.

Special Olympics AZ Offers Sports—For Your Ability!

Special Olympics Arizona Offers Sports for Everyone

Special Olympics Arizona (SOAZ) offers Arizonans with disabilities an opportunity to take part in individual and team sports at each person's individual level.

You don't need to have "athletic ability"—just a desire to have fun, meet new friends, learn new skills, and pump up your self-esteem and confidence.

Special Olympics Arizona has athletic programs throughout Arizona. There are 15 different geographic areas where SOAZ has programs.

Why not be a healthier, happier "you"? For information on how to become a Special Olympics athlete call Mick Clements, Project UNIFY Manager, at 602-230-0073.



Special Olympics Arizona Offers the Following Sports You Can Play:

Alpine Skiing

Aquatics

Athletics

Basketball

Bocce

Bowling

Cheerleading

Cross-Country Skiing

Cycling

Equestrian

Figure Skating

Flag Football

Floor Hockey

Golf

Gymnastics-Artistic

Gymnastics-Rhythmic

Kayaking

Powerlifting

Snowboarding

Snowshoeing

Soccer

Softball

Speed Skating

Tennis

Volleyball



From The Tungland Corporation

*May the peace and
joy of this season be
yours now and
throughout
the New Year.*