



May 2013

The
trees
that are
slow to grow
bear the
best fruit.

Moliere

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The Tungland News

Supporting ALL people to be part of their community

Direct Support Employee of the Quarter

Tucson, Arizona

Jerry Trujillo



Nominated by his Day Program Manager Kara Flemons (*pictured above with Jerry*), the Tucson Region has presented Staff Jerry Trujillo with the Employee of the Quarter award.

A Day Program direct support professional for three years, Jerry has proved himself as a very strong leader who can be relied upon to meet any challenge that comes along. Manager Kara Flemons tells *The Tungland News* that she feels confident that when she needs to be away from the DTA program for a while Jerry can handle well whatever comes up.

As examples Kara cited two events that have occurred during Jerry's service in Day Program. On one occasion Jerry's quick action saved an individual from choking. On another eventful day Jerry's alertness prompted him to put out a fire that started in a neighbor's yard.

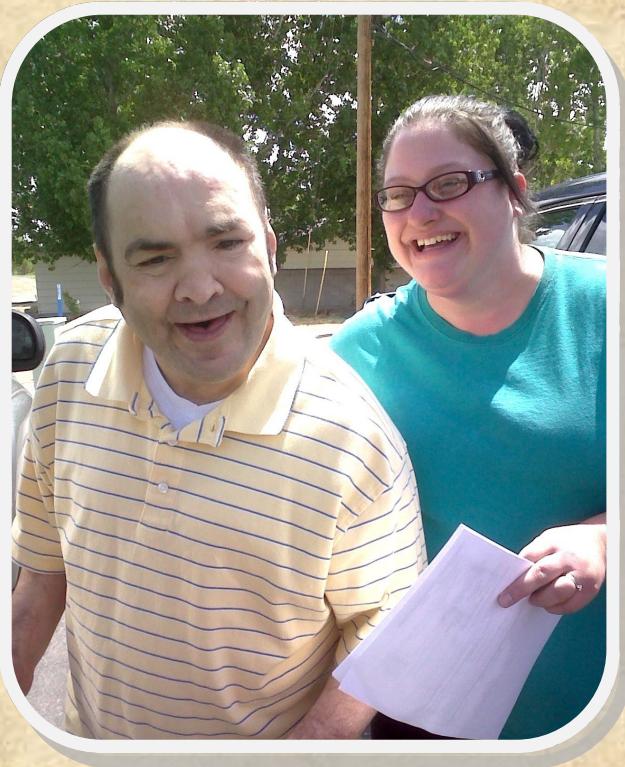
Jerry's reliability extends to homes as well as Day Program. Jerry ensures that all the men at the DTA look sharp, even donating his own clothing when necessary. He is always ready to help new staff get to know their participants and gives advise on how to develop relationships with them. All those at the DTA enjoy Jerry's company and feel comfortable around him.

We congratulate Jerry on showing us the kind of day-to-day dedication that marks a truly great direct support professional. We hope we'll all profit by his example in time to come.

Direct Support Employee of the Quarter

Fallon, Nevada

Dora Bailey



If an outstanding direct support professional is marked by a solid, day-to-day commitment to improving the quality of life of the people they work with, Dora Bailey of The Tungland Corporation's Fallon Nevada Region is definitely among those who deserve to be included among the best.

Pictured here with her client Gerald, Dora has earned distinction for her thoughtful and innovative one-on-one work. Fallon Area Director Lesa Johnson notes that as a result of Dora's willingness to try new approaches with Gerald and discard what doesn't work in favor of what does, "Gerald's communication skills have increased immensely as has his quality of life since Dora started working with him."

"Dora is a team player and always steps up whenever needed," says Karen Boughman, manager of Gerald's residential setting, who nominated Dora for Employee of the Quarter.

"Most of all I have seen such a positive change in Gerald. You can see in his eyes that he feels safe with Dora and enjoys having Dora as his staff."

When the people we serve feel safe with the staff who work with them, all kinds of positive achievements can happen. We congratulate Dore for reminding us of that essential fact.

Phoenix Day Program Champion Bowlers



Tungland's Phoenix Day Program boasts some enthusiastic and keen bowlers. This year the Day Program bowlers formed teams to compete against each other for the coveted valley championship.

*Left: Nama Ste
West's Tungland
Tigers:*

*Clockwise from
left: Patty, LaDaniel,
Brian, Scott, Alex,
and Cynthia.*

*Nama Ste
East's Tung-
land Unstop-
pables:*

*(l-r) Anthony,
Kathy, Tioma,
John, and
Clemmie.*





Practice, practice!

Right: Nama Ste West's Cynthia and Scott take a break from their practice session. Both are avid bowlers.



*Left: Stepping Forward Vocational's High Rollers:
(l-r) Lee, Shakir, Tony, Robert, Danny, and Andre.*



Right: Alex bowls for Nama Ste West's Tungland Tigers. Here at practice Alex is taking advice from his teammates.



Caffeine in snacks stirs concern by US

Food and Drug Administration will weigh caffeine effects on kids and youth

Chewing gum, jelly beans, marshmallows, sunflower seeds, and energy drinks.

These are some of the everyday snacks consumed by millions of US children and adults that are now causing the federal government's food safety agency to worry publicly, now that the producing industries have started to add caffeine to some of these products.

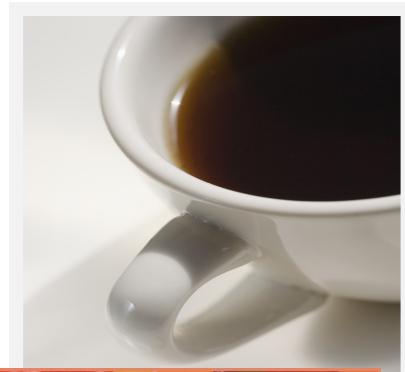
"We have to address the fundamental question of the potential consequences of all these caffeinated products in the food supply to children and to some adults who may be at risk from excess caffeine consumption," says Michael R. Taylor, a deputy commissioner for the US Food and Drug Administration. Taylor recently announced that the agency will take a serious look into the safety of kids eating and drinking too much caffeine.

The decision to investigate caffeine additives in food and snacks was made by the FDA after a major US chewing gum manufacturer began to offer the gum-chewing public a pack of gum with caffeine—the pack containing the same amount of caffeine as you would get by drinking half a cup of coffee. The agency wants to determine which kinds of food may or may not be appropriate for caffeine additives, with more attention focused on the snack foods that children and adolescents are likely to eat.

For adults, the FDA has recommended that they consume no more than 400 milligrams of caffeine a day—that's about four or five cups of coffee—but the agency has no safe level for children. Pediatricians and medical professionals who treat children usually tell their patients to stay away from caffeine, period. The FDA acknowledges that there must be more scientific research into the effects of caffeine on children.

Taylor warned that if the scientific inquiry results in determining that caffeine additives are unsafe for children "we are prepared to go through the regulatory process to establish clear boundaries and conditions on caffeine use."

*For more information
www.fda.gov/ForConsumers/ConsumerUpdates*





Oh Brother!

Brothers Doricy (left) and Lester both take part in Tungland vocational programs in Phoenix, but don't often have a chance to get together.

Recently the two brothers paths crossed and they were able to spend some quality time to catch up on what's been going on in their lives and renew their ties.

Not Registered To Vote? Moved Last Year? No Problem! Exercise Your Rights in 2013!

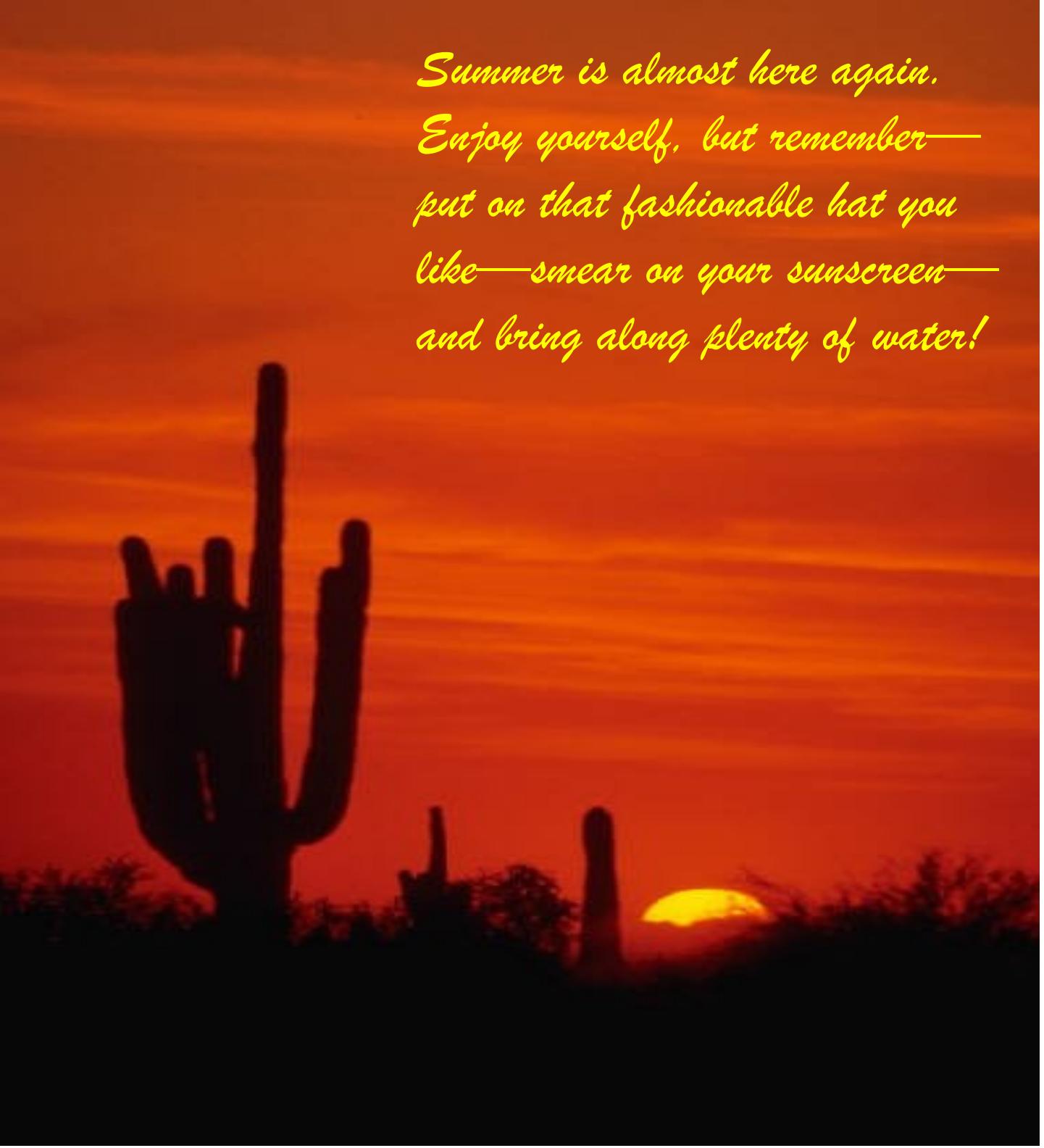
If you moved this year, or your voter registration lapsed, it's not hard to re-register. Just fill out a new voter registration form at your nearest COUNTY RECORDER'S OFFICE—to find the office nearest you call 602-506-1511.

We will have new VOTER REGISTRATION forms at the Quality Management office soon. Stop by and ask Vince in Quality Management.

Now It's Easier Than Ever To Vote!

Arizona has a new voter registration form that makes voting easier than ever—and leaves a paper trail! It's called the PERMANENT EARLY VOTER LIST, or PEVL for short. You'll be mailed a ballot so you can vote in the privacy of your home and mail the ballot in—or drop it at any polling place on Election Day! Go to www.azsos.gov, or go to the County Recorder's Office nearest you and fill out an Early Ballot Request form. Here's the good stuff:

- ♦ You get your ballot before the election!
- ♦ You don't have to drive anywhere on Election Day!
- ♦ You can take some time before making your decision!



*Summer is almost here again.
Enjoy yourself, but remember—
put on that fashionable hat you
like—smear on your sunscreen—
and bring along plenty of water!*

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